

## EASY TO SWALLOW

**ICAPS\* Eye Vitamin & Mineral Supplement AREDS Formula** contains the same antioxidants and zinc ingredients used in the Age-Related Eye Disease Study (AREDS) conducted by the National Eye Institute. AREDS is a ground-breaking, 10-year clinical study that proved the benefit of these high-potency antioxidant and zinc ingredients in certain patients at high-risk.<sup>1</sup> It is important to note that the high-potency Vitamin C, Vitamin E, and zinc ingredient levels found in **ICAPS\* Eye Vitamin AREDS Formula** generally can be attained only by supplementation and not through diet alone.

**DELAYED RELEASE TABLETS: ICAPS\* Eye Vitamin & Mineral Supplements** are the only major ocular vitamins with delayed-release tablets. These unique delayed-release tablets dissolve gradually, thereby contributing to greater absorption by the body and less stomach upset (which is common when taking high-potency vitamins and minerals, such as zinc).

**EASY-TO-SWALLOW TABLETS:** Alcon Laboratories worked hard to formulate the high-level ingredients found in **ICAPS\* Eye Vitamin AREDS Formula** into smaller, easy-to-swallow tablets.

### Lactose Free

**SMOKERS:** Please consult your eye care professional about the risks associated with smoking and using high levels of Beta Carotene.

<sup>1</sup> Age-Related Eye Disease Study Research Group. *Archives of Ophthalmology*, 2001;119:1417-1436.

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## LACTOSE FREE

**ICAPS\* Eye Vitamin & Mineral Supplement AREDS Formula** is developed by Alcon Laboratories, the world-wide leader in eye care. Each **ICAPS\* Eye Vitamin AREDS Formula** tablet is made of high quality ingredients and meets the rigorous quality-control standards of Alcon.

Alcon is involved in research studying the potential positive effects of antioxidants and other ingredients on preserving healthy vision. This **ICAPS\* Eye Vitamin AREDS Formula** is Alcon's way of providing you with the important high-potency ingredients studied by the respected National Eye Institute. Ask your eye care professional about Alcon Laboratories and our commitment to eye health.

Specific lifestyle considerations, such as smoking, should be considered when choosing the proper formulation.

**DO NOT USE IF THE SAFETY SEAL UNDER THE CAP IS BROKEN OR MISSING.**

**KEEP OUT OF REACH OF CHILDREN.**

**CAUTION:** Tablet not to be broken before consumption.

Keep tightly closed in a dry place at controlled room temperature.

Lot number & expiration date are printed on bottle inside of this package.

Questions or Comments? Call Us.

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Made in the U.S.A.

# I-Caps\*

**EYE VITAMIN & MINERAL SUPPLEMENT**

HELPS PRESERVE HEALTHY VISION\*\*

**AREDS FORMULA**  
Age - Related Eye Disease Study

120 COATED TABLETS  
**Alcon®**

\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## LACTOSE FREE

Actual Size



Distributed by:  
**Alcon**  
ALCON LABORATORIES, INC.  
6201 South Freeway  
Fort Worth, Texas  
76134-2099

**ICAPS\* Eye Vitamin & Mineral Supplement AREDS Formula**  
Suggested Adult Intake: Two tablets twice a day WITH MEAL or as directed by your physician.

### Supplement Facts

Serving Size: 2 tablets  
Servings Per Container: 60

	Per serving		Per Day (4 tablets)	
	Amount	% Daily Value	Amount	% Daily Value
Calories	5		10	
Total Carbohydrates	1 g	<1% <sup>^</sup>	2 g	<1% <sup>^</sup>
Vitamin A (100% as beta carotene)	14,320 IU	286%	28,640 IU	573%
Vitamin C (ascorbic acid)	226 mg	377%	452 mg	753%
Vitamin E (dl-alpha tocopheryl acetate)	200 IU	667%	400 IU	1333%
Calcium	60 mg	6%	120 mg	12%
Zinc (zinc oxide)	34.8 mg	232%	69.6 mg	464%
Copper (cupric oxide)	0.8 mg	40%	1.6 mg	80%

<sup>^</sup> Percent daily values are based on a 2000 calorie diet.  
**Other Ingredients:** Dicalcium Phosphate, Microcrystalline Cellulose, Gelatin (porcine), Tricalcium Phosphate, Hydroxypropyl Cellulose, Calcium Silicate, Stearic Acid, Starch, Polyvinyl Alcohol, Gelatin (fish), Polyethylene Glycol, Dioxide, Magnesium Stearate, FD&C Red #40 Lake, Talc, Sorbic Acid, Titanium Dioxide, Sodium Benzoate, Glucose, FD&C Yellow #6 Lake, Sodium Chloride, Sodium Ascorbate, dl-Alpha tocopherol, Trace Metals