Many possibilities during cataract surgery

More possibilities after

Knowing your options can help you focus on the breathtaking experiences still to come.
So, you’ve got cataracts. What does that mean?

For one, it means you’re not alone. Currently, about 24.4 million Americans have a cataract in at least one eye.¹ Cataracts are a natural part of the aging process.

Cataracts develop gradually, and eventually they can make everyday life difficult. It can seem as if you’re viewing the world through a foggy window. You may experience:

- Blurred vision
- Glare
- Sensitivity to light
- Difficulty reading

Cataracts: A fact of life

- Usually start to develop around age 40
- One of the most common types of surgery
- Cannot be completely prevented
You have an opportunity to change how you see the world

Imagine being able to see more than just blurry shapes in the distance. Good news! With cataract surgery, you can.

As many as 4 million procedures take place each year in the U.S. to help patients rediscover the beauty of a clear horizon.²

In the U.S., 98% of cataract surgeries involve no reported serious complications. But all surgery has risks, so talk to your doctor about the risks and benefits that cataract surgery may involve.³

What’s more, if you also have astigmatism or presbyopia, you may be able to treat those conditions during cataract surgery to reduce your need for glasses.

What’s your best option?

Keep reading for insight into:

• Cataracts, astigmatism and presbyopia
• Your treatment options
• Working with your eye care specialist to choose the right option

Understanding your eyes

As with cataracts, there’s nothing you can do to prevent astigmatism and presbyopia. However, you may be able to treat them at the same time you treat your cataracts. The treatment you choose could leave you with better vision than you had before your cataracts.

A closer look at eyesight

Vision is all about light rays entering and passing through the eye:

1. When you look at an object, light rays reflect off that object and reach the cornea on the surface of your eye.

2. The cornea bends the light and sends it to the lens inside your eye.

3. The lens further bends the light, sending it to the retina.

4. The retina interprets the light as an image and sends it to your brain.

Healthy eye

Cataract eye
What is a cataract?
As you age, the lens becomes cloudy, making it harder for light to reach the retina. **This clouding of the natural lens is what we call a cataract.**

![Healthy lens](image1) ![Cataract lens](image2)

What is astigmatism?
**Astigmatism is a common defect in the shape of a cornea that blurs vision.** It distorts light before it reaches the lens of the eye.

If you have astigmatism but don’t get it corrected during cataract surgery, you may still need to wear glasses after the procedure.

![Normal corneas are spherical, like a basketball.](image3) ![Astigmatic corneas are shaped more like a football.](image4)

What is presbyopia?
**Presbyopia causes you to lose the ability to focus on nearby objects.** It’s the gradual stiffening of the lens of your eye, which is often still able to focus on distant objects but cannot flex properly for sharp, close-up vision.

Presbyopia is a natural part of aging that usually begins in middle age. As with astigmatism, if you do not choose presbyopia correction with cataract surgery, you will still need reading glasses for near-vision tasks, such as reading or computer work.
So how does cataract surgery work?

Your surgeon will **remove the cloudy lens** in your eye (known as an IOL). Alcon offers an extensive range of lens options — talk to your doctor about which option is best for you.

**Choose the IOL that best fits your everyday lifestyle**

**MULTIFOCAL ASTIGMATISM-CORRECTING LENSES**

Designed to help reduce the need for glasses at all distances

AcrySof® IQ ReSTOR® Toric IOLs:
+3.0 D and +2.5 D with ACTIVEFOCUS™
Optical Design

**MULTIFOCAL LENSES**

Designed to help reduce the need for glasses at all distances

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+3.0 D and +2.5 D with ACTIVEFOCUS™
Optical Design

**MONOFOCAL ASTIGMATISM-CORRECTING LENS**

Designed to help reduce the need for glasses at far distances; near and intermediate distances will require glasses

AcrySof® IQ Toric IOL

**BASIC MONOFOCAL LENS**

Designed to help reduce the need for glasses at far distances; near and intermediate distances will require glasses

AcrySof® IQ IOL

**For more information about cataracts and cataract surgery:**

- Visit www.cataractsurgery.com
- Call 1-844-MY-CATARACT
- Contact your eye care specialist
So how does cataract surgery work? Your surgeon will remove the cloudy lens in your eye, then replace it with an artificial lens (known as an IOL). Alcon offers an extensive range of IOL choices — talk to your doctor about which option is best for you.

All surgery has risks. Talk to your doctor to learn more about which IOL options may be right for you, and refer to the Important Product Information on the back of this brochure for more information about these specific products.
ACRYSOFT® IQ RESTOR® FAMILY OF MULTIFOCAL IOLs IMPORTANT PRODUCT INFORMATION FOR PATIENTS CAUTION: Restricted by law to sale by or on the order of a physician. DESCRIPTION: The AcrySof® IQ ReSTOR® multifocal Intraocular Lenses (IOLs) are artificial lenses implanted in the eye of adult patients following cataract surgery. These multifocal lenses (sometimes called “presbyopia correcting IOLs”) are designed to give you more independence from the need to use glasses for daily tasks. The AcrySof® IQ ReSTOR® Family includes the AcrySof® IQ ReSTOR® multifocal IOLs which correct for astigmatism as well as cataracts. WARNINGS/PRECAUTIONS: You may experience and need to contact your eye doctor immediately if you have any of the following symptoms while using the antibiotic eye drops prescribed by your doctor: itching, redness, watering of your eye, sensitivity to light. The safety and effectiveness of AcrySof® IQ ReSTOR® IOLs have not been established in patients with eye conditions, such as an increase in eye pressure (glaucoma) or complications of diabetes in the eye (diabetic retinopathy). As with any surgical procedure, there are risks involved. These risks may include but are not limited to infection, damage to the lining of the cornea, inflammation or swelling inside or outside the eye, an increase in eye pressure that cannot be controlled by medicine and secondary surgical procedure. A toric IOL corrects astigmatism only when it is placed in the correct position in the eye. There is a possibility that the toric IOL could be placed incorrectly or could move within the eye. This may result in less improvement or a reduction in vision, or it may cause visual symptoms. ATTENTION: As with any surgical procedure, there are risks involved. Prior to surgery, discuss any questions you may have about possible risks and benefits with your eye doctor, your medical condition and any eye disease you may have.

ACRYSOFT® IQ INTRAOCULAR LENS IMPORTANT PRODUCT INFORMATION CAUTION: Restricted by law to sale by or on the order of a physician. DESCRIPTION: The AcrySof® IQ Intraocular Lenses (IOLs) are artificial lenses implanted in the eye of adult patients following cataract surgery. These lenses are designed to allow for clear distance vision. However, you will likely need glasses for reading and for distance vision particularly if you already have astigmatism. WARNINGS/PRECAUTIONS: You may experience and need to contact your eye doctor immediately if you have any of the following symptoms while using the antibiotic eye drops prescribed by your doctor: itching, redness, watering of your eye, sensitivity to light. The safety and effectiveness of AcrySof® IQ IOL has not been established in patients with eye conditions, such as an increase in eye pressure (glaucoma) or complications of diabetes in the eye (diabetic retinopathy). As with any surgical procedure, there are risks involved. These risks may include, but are not limited to, infection, damage to the corneal structures: lining (inner surface) of the cornea, damage to the iris (the colored diaphragm around the pupil), or an increase in eye pressure that may not be controlled by medicine and secondary surgical procedure. There is a possibility that this IOL could be placed incorrectly or could move within the eye. This may result in less improvement or a reduction in vision, or it may cause visual symptoms. ATTENTION: As with any surgical procedure, there are risks involved. Prior to surgery, discuss any questions you may have about possible risks and benefits with your eye doctor.

ACRYSOFT® IQ TORIC IOL IMPORTANT PRODUCT INFORMATION CAUTION: Restricted by law to sale by or on the order of a physician. DESCRIPTION: The AcrySof® IQ Toric Intraocular Lenses (IOLs) are artificial lenses implanted in the eye of adult patients following cataract surgery. These lenses are designed to correct pre-existing corneal astigmatism, which is the inability of the eye to focus clearly at any distance because of difference curvatures on the cornea, and provide distance vision. WARNINGS/PRECAUTIONS: Contact your eye doctor immediately if you have any of the following symptoms while using the antibiotic eye drops prescribed by your doctor: itching, redness, watering of your eye, sensitivity to light. The safety and effectiveness of the AcrySof® IQ Toric IOL has not been established in patients with eye conditions, such as an increase in eye pressure (glaucoma) or complications of diabetes in the eye (diabetic retinopathy). As with any surgical procedure, there are risks involved. These risks may include, but are not limited to, infection, damage to the corneal structures: lining (inner surface) of the cornea, damage to the iris (the colored diaphragm around the pupil), or an increase in eye pressure that cannot be controlled by medicine and secondary surgical procedure. A toric IOL corrects astigmatism only when it is placed in the correct position in the eye. There is a possibility that this IOL could be placed incorrectly or could move within the eye. This may result in less improvement or a reduction in vision because your astigmatism has not been fully corrected, or it may cause visual symptoms. ATTENTION: As with any surgical procedure, there are risks involved. Prior to surgery, ask your eye doctor to provide you with the Patient Information Brochure, which will inform you of the risks and benefits associated with this IOL. Discuss any questions about possible risks and benefits with your eye doctor,

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